

Oklahoma Spud
410 S. Main St.
Tulsa, OK 74103
918.587.1255
Mon - Fri 11a-2p

Pomodori's
219 S. Cheyenne
918-587-0999
Mon - Fri 11a-2p
Thurs - Sat 5p-10p

Quizno's
15 W. 5th St.
918-583-7849
Mon - Fri 11a-5p

Skyline Snack Shop
15 E. 5th St., Ste 130
918-592-5502
Mon - Fri 7:30a-3:30p

Skyline Snack Shop
110 W. 7th St., Ste LL100
918-592-5503
Mon - Fri 7:30a - 3p

Soranno's
15 E. 5th St.
918-592-6060
Mon - Wed 7a-5p
Thurs - Fri 7a-8p

Steakfinger House
403 S. Boulder
918-584-0454
Mon - Fri 6:30a - 2:30p

Subway
4 W. 4th St.
918-592-0000
Mon - Fri 9a-6:30p
Sat 10a-3p

Subway
601 S. Boulder
918-592-7722
Mon - Fri 9a-5p

Tabouli's
414 S. Main St.
Tulsa, OK 74103
918.599.8220
Mon - Fri 11a-2p

Teri's
3 E. 5th St.
Tulsa, OK 74103
918.58.CONEY (26639)
Mon - Fri 10:30a-2p

The Greens on Boulder
419 S. Boulder
918-587-0123
Mon - Fri 7:30a - 3p

Tulsa Café
100 E. 2nd St. (Crowne Plaza)
Tulsa, OK 74103
918.582.9000
Mon - Sun 7:30a-1p

Williams Café
7 E. 2nd St.
Tulsa, OK 74103
918.573.2080
Mon - Fri 6:45a-9:30a,
11a-1:30p

Core Business District

Caz's Chow House
18 E. Brady St.
Tulsa, OK 74103
918.588.CHOW (2469)
Mon 11a-2p,
Tues-Thurs 11a-9p
Fri 11a-10p, Sat 11a-10p

Gypsy Coffee House & Cyber Café
303 N. Cincinnati Ave., 1st Floor
Tulsa, OK 74103
918.295.2181
Mon - Fri 12p-12a,
Sat - Sun 12p-3a

Lola's at the Bowery
5 E. Brady St.
Tulsa, OK 74103
918.592.7995
Tues.- Fri 11a-2 p,
Tues.- Sat 5p-10p

Mexicali Border Café
14 W. Brady St.
Tulsa, OK 74103
918.582.3383
Sun - Mon 11a-9p,
Tues - Fri 11a-10p,
Sat 11a-10:30p

Spaghetti Warehouse
221 E. Brady St.
Tulsa, OK 74101
918.587.4440
Sun - Thur 11a-10p,
Fri - Sat 11a-11p

Brady Arts District

For more restaurant listings, or other things to do while visiting Tulsa, check out our website www.VisitTulsa.com

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TULSA'S DOWNTOWN DINING EXPERIENCE



Jordan's Fresh Fish Market
140 N. Greenwood Ave.
Tulsa, OK 74120
918.582.1041
Tues - Fri 11a-7p,
Sat 11a-6p

Greenwood District

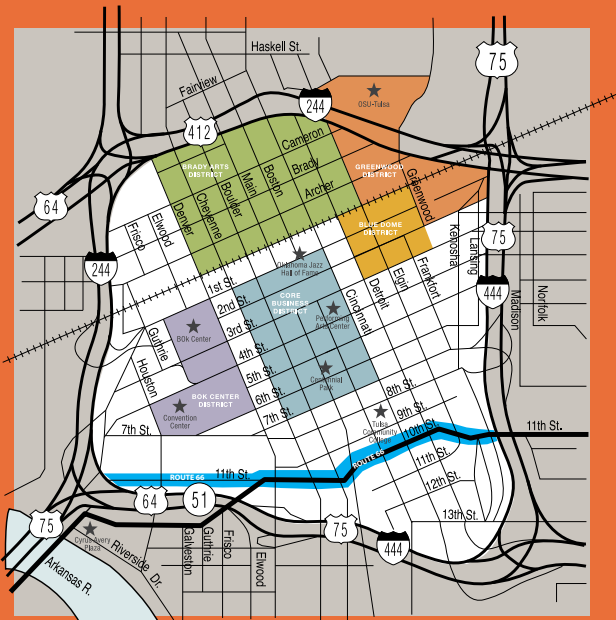


Tulsa Convention and Visitors Bureau
Two West Second Street, Suite 150
Tulsa, OK 74103
800.558.3311

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If you find yourself in Downtown Tulsa with a sudden craving for delectable cuisine, in need of a bite “to go”, or looking for a simple yet flavorful dining experience, you don’t have to go very far. Downtown Tulsa has a lively and flourishing network of restaurants and eateries that prepare a variety of culinary styles including All-American, Italian, Asian and Mexican. Whether you are feeding a group of two or twenty, all of our locations are very accommodating and look forward to making your dining experience an enjoyable one. Various locations are open for breakfast, lunch and dinner, but calling ahead of time would be your best reference. So take your pick – you are sure to find something to satisfy any palate.



Mazzio's Pizza
421 E. 11th St., #B
Tulsa, OK 74120
918.664.4444
Mon - Sun 10:30a-10p

Phat Philly's
1101 S. Detroit Ave.
Tulsa, OK 74120
918.382.PHAT (7428)
Mon - Fri 10a-7p

The Chalkboard
1324 S. Main St. (Hotel Ambassador)
Tulsa, OK 74119
918.582.1964
Breakfast: Mon - Sat 6:30a-10a,
Sun 7a-10a,

Brunch: Sat - Sun 11a-2:30p,
Lunch: Mon - Fri 11a-2:30p,
Dinner: Mon - Thur 5p-10p,
Fri - Sat 5p-10:30p, Sun 5p-9p

Sun Café
907 S. Detroit Ave.
Tulsa, OK 74120
918.586.6252
Mon - Fri 7a-1p

Route 66 District

Baxter's Interurban Grill
717 S. Houston Ave.
Tulsa, OK 74103
918.585.3134
Mon - Thur 11a-10p, Fri 11a-11p,
Sat 5p-11p

Carson's on the Plaza
200 Civic Center
Tulsa, OK 74103
918.592.4450
Mon - Fri 7a-10a, 11a-2p

Seven West Café
616 W. 7th St. (Doubletree)
Tulsa, OK 74127
918.587.8000
Sun - Mon 6a-10p

Subway
200 Civic Center
Tulsa, OK 74103
918.592.4600
Mon - Fri 10a-2p

BOK Center District

1974 Pub & Grill
402 E. 2nd St.
918-599-7019
Tues - Thurs 11a - 12a
Fri - Sat 11a - 2a

Blue Dome Diner
313 E. 2nd St.
918-382-7866
Tues - Fri 7a - 2p
Sat - Sun 8a - 1:30p
Thurs - Sat 6p - 10p

El Guapo's
322 E. 1st St.
918-382-7482
Mon - Thurs 11a - 12a
Fri - Sat 11a-1a
Sun 11a- 12a

James E. McNellie's Public House
409 E. 1st St. 918-382-7468
Mon - Sun 11a - Midnight

The Continental
421 E. 1st St
918-592-7844
Tues - Fri 4p-2a
Sat 8p - 2a

Tsunami Sushi
309 E. 2nd St.
918-582-4100
Mon - Fri 11:30a-2p
Mon - Tues 4:30p-10p
Wed-Thurs 4:30p-11p
Fri 4:30p-2a
Sat 5p-2a

Blue Dome District

Arby's
324 S. Main St.
Tulsa, OK 74103
918.585.6954
Mon - Fri 7a-5p

Billy's on the Square
424 S. Main St.
Tulsa, OK 74119
918.583.8703
Mon - Fri 10:30a-2p

Coney Island
123 W. 4th St.
Tulsa, OK 74103
918.587.2821
Mon - Fri 10a-7p,
Sat 10a - 3p

Courtyard Deli
413 S. Boston Ave.
Tulsa, OK 74103
918.587.3354
Mon - Fri 8a-4p

Deco
100 E. 2nd St. (Crowne Plaza)
Tulsa, OK 74103
918.560.2254
Mon - Sun 6:30a-10:30a, 5p-9p

Denver Grill
17 W. 7th St. (Great Western)
Tulsa, OK 74119
918.582.3790
Mon - Sat 6a-10p

Domino's Pizza
16 W. 4th St.
Tulsa, OK 74103
918.582.3030
Sun - Thur 10a-12a,
Fri - Sat 10a-1a

Felini's
9 E. 5th St.
Tulsa, OK 74103
918.584.1772
Mon - Fri 6:30a-2p

Fortune Chef
109 S. Cincinnati Ave.
Tulsa, OK 74103
918.582.0280
Mon - Sat 10:30a-7p

Grand Selections
309 S. Main St.
Tulsa, OK 74103
918.583.0510
Mon - Fri 11a-1:30p

Hopscotch Deli
601 S. Boulder Ave., Suite 115
Tulsa, OK 74119
918.359.3913
Mon - Fri 6a-3p

Impressions
507 S. Main St.
Tulsa, OK 74103
918.587.0515
Mon - Fri 10:30 a - 3 p

Jackie's Sandwiches
401 S. Boston Ave Tulsa
Mon - Fri 7a - 3p

KoKoa Kabana
507 S. Boston Ave.
918-592-5656
Mon - Fri 7a-5p

Long Palace Chinese Restaurant
12 W. 4th St.
Tulsa, OK 74103
918.582.4452
Mon - Fri 11a-2:30p

Lou's Deli
412 S. Main St.
Tulsa, OK 74103
918.587.0631
Mon - Thur 7:30a-2:30p,
Fri 7:30a-2p

Market Deli
712 S. Boston Ave.
Tulsa, OK 74119
918.582.5711
Mon - Fri 9:30-3:30

New Atlas Grill
415 S. Boston Ave.
Tulsa, OK 74103
918.583.3111
Mon - Fri 11a-3p,
Breakfast Fri 7a-9:30a

ONEOK Cafeteria
100 W. 5th St.
Tulsa, OK 74103
918.588.7625
Mon - Fri 7a-1:30p

Core Business District